**TAYLOR**

2026 - 2027 Wellness Program

Download the Mobile App

Access your wellness program information, submit forms, and track your progress — all in one place. Connect with our wellness team and stay on top of your goals, right from the app.



Need Support or Have Questions?



For questions about your Wellness Program, including your status or deadlines, select Support on the Portal homepage or in the Wellworks For You Mobile App. You can also call 800.425.4657 to reach the Wellness Team.



Need Live Assistance?

Our "Chat Live" feature will give you access to chat with one of our helpful representatives during our regular business hours (Monday to Friday 8:00am ET to 7:00pm ET) to answer any questions and guide you on a path towards wellness.



Welcome to your 2026/2027 Wellness Program!

When you are eligible for medical benefits, you and your spouse can earn a medical plan premium discount for 2027. This guide outlines the actions required in 2026 to earn the discount for 2027. We encourage you to explore these resources and visit the [Wellness Portal](#) today

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FOR ADDITIONAL SUPPORT, CHAT WITH US LIVE ON THE WELLWORKS PORTAL (not available on the mobile app)



Our "Chat Live" feature lets you chat with one of our helpful representatives from Monday to Friday 8:00am EST to 7:00pm EST to answer any questions and guide you on a path towards wellness.



WELLNESS PORTAL

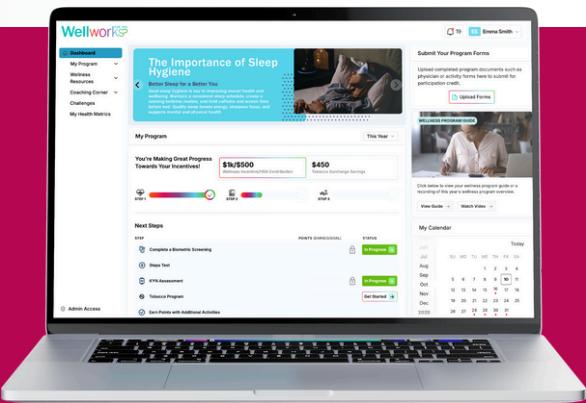
Employees and spouses have their own individual login and account. Your account has already been created for you on our Portal.

Current users: Please use your current username and password or use the **Forgot Username** or **Forgot Password** buttons if you don't recall your credentials.

New Users:

1. Go to www.wellworksforyoulogin.com or download the Wellworks For You app
2. Username for employees will be T plus your Employee ID/number. For your spouse, they will also use the T and then add an "S" to the end of the Employee ID/number
 - **Employee** Username Example: **T1234**
 - **Spouse** Username Example: **T1234S**
3. Your temporary password is your Date of Birth in MMDDYYYY format and includes leading zeros
 - **Employee** Password Example: **11221975**
 - **Spouse** Password Example: **01051975**
4. Click Login
5. Accept the terms of the Consent Form
6. Fill in the required information

HIPAA confidentiality laws require your individual data is accessible only to you and Wellworks For You.



Log in to your Wellness Portal

Logging in to the Wellworks For You Wellness Portal helps you stay on track with your wellness program. View your progress, access key resources, and complete important steps all in one place. Staying connected through the portal ensures you never miss a deadline and keeps your wellness goals within reach. Log in regularly to make the most of what your wellness program has to offer.

 www.wellworksforyoulogin.com

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PROGRAM INCENTIVES

Employees and spouses are encouraged to participate in the Wellness Program

To receive the premium discounts, employees and spouses are required to complete the **Know Your Number Assessment (KYN)**, complete the **Annual Physical with Lab Work**, and enroll in a medical plan in 2027. Details are outlined below:

ACHIEVE HEALTHY METRIC RANGES

BMI less than or equal to 27.5 **OR** Waist Circumference less than or equal to 34.5 Inches (Female), less than or equal to 37 Inches (Male)

Blood Pressure less than or equal to 129/84

HDL Cholesterol greater than or equal to 50mg/dl (Female), greater than or equal to 40mg/dl (Male)

Glucose less than or equal to 110mg/dl

Triglycerides less than or equal to 150mg/dl

EARN INCENTIVES

	Employee		With Spouse	
Complete KYN and Annual Physical with Lab Work	\$200		\$400	
<i>Achieve Healthy Ranges (see chart above) or Complete an Alternative (see page 5) to earn additional incentives</i>				
Meet 3/5 Healthy Biometric Ranges or Alternatives	\$600		\$1,200	
Meet 4/5 Healthy Biometric Ranges or Alternatives	\$800		\$1,600	
Meet 5/5 Healthy Biometric Ranges or Alternatives	\$1,000		\$2,000	
<i>Please note: The use of credits has been discontinued in 2026.</i>	ANNUAL MAXIMUM	\$1,200		\$2,400

INCENTIVE EXAMPLES:

Incentive Example - EMPLOYEE ONLY

Step Activity Completed	Incentive Earned
KYN and Annual Physical with Lab Work	\$200
Meet 3/5 Healthy Biometrics Ranges or Alternatives	\$600
TOTAL EARNED	\$800

Incentive Example - EMPLOYEE + SPOUSE

Step Activity Completed	Incentive Earned
KYN and Annual Physical with Lab Work - EMPLOYEE	\$200
KYN and Annual Physical with Lab Work - SPOUSE	\$200
Meet 5/5 Healthy Biometric Ranges or Alternatives - EMPLOYEE	\$1,000
Meet 3/5 Healthy Biometric Ranges or Alternatives - SPOUSE	\$600
TOTAL EARNED	\$2,000

WHAT COULD
THIS LOOK LIKE
FOR YOU?



PROGRAM OVERVIEW

To be eligible for your 2027 premium discounts, both the Know Your Number (KYN) Assessment AND the Annual Physical with Lab Work MUST be completed by **October 2, 2026**

REQUIRED* STEP 1: Complete the Know Your Number Assessment by **October 2, 2026**

- Complete all sections of the KYN Assessment, except for the Health Metrics section. The Health Metrics section will be completed based on your screening results.
- If your health metrics have already been entered, click **Finish** to submit your responses.
- If your health metrics have not been entered, click **Save**. The assessment will be automatically completed once your metrics are entered by Wellworks For You.
- Once your questionnaire and health metrics are complete, your results report will be available on the Know Your Number Assessment page and in the Forms & Documents/ Know Your Number section.

REQUIRED* STEP 2: Complete and Submit your Annual Physical with Lab Work by **October 2, 2026**

Appointment	<p>Visit your physician between October 4, 2025 and October 2, 2026.</p> <p>Be sure to request a routine/preventive exam and fasting blood work including glucose for this appointment.</p> <p>Note: Scheduling directly through Quest Patient Service Center is not an option for the 2026/2027 program year.</p>
Paperwork	<p>Print the Physician Result Form from <u>My Program > Forms & Documents</u>.</p> <p>Fill in your personal data and bring the form to your appointment.</p>
Results	<p>Your physician will need to complete the form in all areas marked with an (*) and needs to sign the form.</p> <p>You should double-check the form is complete before leaving the appointment. Incomplete forms will delay your results. After your appointment, upload the completed form to the <u>Portal</u> no later than Friday, October 2, 2026.</p>

Achieve Healthy Metric Ranges

BMI less than or equal to 27.5 [OR](#) Waist Circumference less than or equal to 34.5 Inches (Female), less than or equal to 37 Inches (Male)

Blood Pressure less than or equal to 129/84

HDL Cholesterol greater than or equal to 50mg/dl (Female), greater than or equal to 40mg/dl (Male)

Glucose less than or equal to 110 mg/dl

Triglycerides less than or equal to 150mg/dl



ALTERNATIVE STANDARDS

OPTIONAL* Complete an Alternative Standard by **November 20, 2026**

If you **did not** qualify for incentives based on achieving 3/5, 4/5 or 5/5 healthy ranges, you have the option to complete an Alternative Standard to earn participation (see below).

For additional information on how to earn your incentive, or if you are pregnant during the current program year, contact your Wellworks Coordinator at taylorwellness@wellworksforyou.com.

IMPROVEMENTS FROM LAST YEAR

You can earn full participation for out-of-range metrics by showing improvement compared to your previous annual physical, as outlined in the chart below. Most metric improvements will be automatically calculated and granted once your new screening results are processed. If you did not meet the healthy range for BMI/Waist Circumference updates may take up to 15 days to appear on the Portal.

METRIC	IMPROVEMENT	EXAMPLE
BMI OR Waist Circumference	10% weight loss OR 2" reduction	250 → 225 OR 40" → 38"
Blood Pressure	2% reduction	140/90 → 137/88
HDL Cholesterol	5% increase	30 → 31.5
Glucose	5% reduction	125 → 119
Triglycerides	5% reduction	180 → 171

LOCKTON NURSE ADVOCATE (LNA) - **SET GOALS BY OCTOBER 16, 2026**

Lockton Nurse Advocate provides health support for members. LNA's dedicated registered nurses provide support and education about your health and chronic conditions. All conversations between you and your nurse are confidential.

Contact LNA at **1.833.782.7403**, or TaylorLNA@lockton.com to set the goals needed to achieve participation credit for missed biometrics.

For each goal you complete by **November 20, 2026**, you will earn participation credit for the missed biometric. Once your goal is achieved, LNA will notify Wellworks for You and your participation will be adjusted.

METRIC NOT ACHIEVED	REQUIRED GOALS
BMI OR Waist Circumference	One (1) goal
Blood Pressure	One (1) goal
HDL Cholesterol	One (1) goal
Glucose	One (1) goal
Triglycerides	One (1) goal



NEW HIRES/NEWLY ELIGIBLE

New Hire/Newly Benefit Eligible between **January 1, 2026 – July 31, 2026**

Complete the Know Your Number Assessment and your Annual Physical with Lab Work by **October 2, 2026**. Your earned incentive will be applied to your 2027 health premium.

New Hire/Newly Benefit Eligible between **August 1, 2026 – December 31, 2026**

- It is unlikely you will be able to complete an Annual Physical with Lab Work by **October 2, 2026**.
- To earn a premium discount for 2027, you have **60 days** to complete the e-Learning Series, **The Meaning Behind Your Biometrics**, on the Wellworks Portal.
- Once on the portal, click into the **Learning Center** tab on the homepage and navigate to **The Meaning Behind Your Biometrics** under Recommended Modules to get started. Completing this e-Learning and Post Module Survey will result in a \$800 premium discount in 2027. Your spouse is also eligible to complete this e-Learning and earn a \$800 premium discount for 2027.

ADDITIONAL RESOURCES

The Learning Center

The Wellworks For You Learning Center is a self-study platform designed to educate, inform, and inspire behavioral change. Access the Learning Center to view webinars, videos, and series that will help guide you to your healthiest self. Categories include Nutrition, Fitness, Mind-Body, Mental Health, Chronic Conditions, and more! Use the search feature to find videos on topics most interesting to you.

Here Are Just A Few Of The Series Available To You:

To see all available e-learning series click the **Learning Center** under My Program.



Understanding the Benefits of Ergonomics



Heart Health Guide



Your Guide to Mindfully Managing Stress



Wellworks Challenges

Join in the fun! Four (4) challenges are held each year. Challenges are open to eligible employees and their spouses. More details will be announced via email throughout the year!

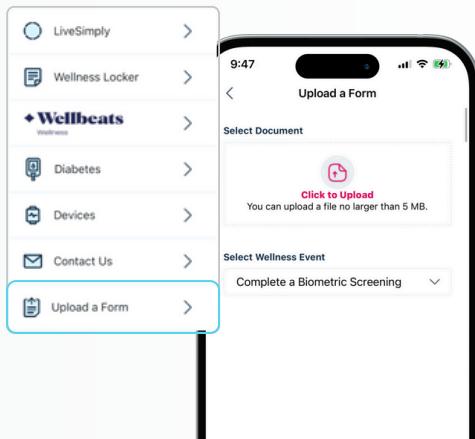


INSTRUCTIONS

Find all forms and documents in the Forms & Documents, accessible from the Portal menu or homepage. Download, complete, and submit them to the Wellworks For You.

Upload via Mobile App

Take a photo of your form using your smartphone and upload it via the Mobile App. Go to the **Upload a Form** tab in the top left menu, select Click to Upload, and choose the relevant event from the Select Wellness Event drop-down. Users are limited to **one (1)** file per submission.



Upload to Portal

Click the **Upload a Form** tile from the homepage. Select the event title from the dropdown and upload your form to the portal. Users are limited to **one (1)** file per submission.

Submit Your Program Forms

Upload completed program documents such as physician or activity forms here to submit for participation credit.

[Upload Forms](#)

- Complete a Biometric Screening
- Tobacco Program
- Physician Results Form 2025
- Annual Preventive Exam
- Vision Exam
- Race Participation
- Blood Donation
- Wellbeing Log

SUBMIT YOUR COMPLETED DOCUMENTS BY OCTOBER 2, 2026

Please Note: It takes up to seven (7) to ten (10) business days for processing and results to appear in the Wellworks Portal.



THE FINE PRINT

The Taylor Wellness Program is a voluntary wellness program available to all benefit-eligible employees and their spouses. The program is administered according to federal rules permitting employer-sponsored wellness programs that seek to improve employee health or prevent disease, including the Americans with Disabilities Act of 1990, the Genetic Information Nondiscrimination Act of 2008, and the Health Insurance Portability and Accountability Act, as applicable, among others. If you choose to participate in the wellness program, you will be asked to complete a health risk assessment, Know Your Number, that asks a series of questions about your health-related activities and behaviors and whether you have or had certain medical conditions (e.g., cancer, diabetes, or heart disease). You will also be asked to complete an Annual Physical with Lab Work, which will include a lipid panel/glucose blood test and body measurements, as well as achieve Health Ranges or complete an Alternative Standard. You are not required to complete these components. However, benefit-eligible employees and their spouses who choose to participate in the wellness program will receive a premium discount effective January 2027.

If you are unable to participate in any of the health-related activities or achieve any of the health outcomes required to earn an incentive, you may be entitled to a reasonable accommodation or an alternative standard. You may request a reasonable accommodation or an alternative standard by contacting Wellworks For You at 800-425-4657.

The information from your results will be used to provide you with information to help you understand your current health and potential risks, and may also be used to offer you services through the wellness program. You also are encouraged to share your results or concerns with your own doctor.

PROTECTIONS FROM DISCLOSURE OF MEDICAL INFORMATION

We are required by law to maintain the privacy and security of your personally identifiable health information. Although the Wellness Program and your employer may use aggregate information it collects to design a program based on identified health risks in the workplace, Wellworks For You will never disclose any of your personal information either publicly or to the employer, except as necessary to respond to a request from you for a reasonable accommodation needed to participate in the wellness program, or as expressly permitted by law. Medical information that personally identifies you that is provided in connection with the wellness program will not be provided to your supervisors or managers and may never be used to make decisions regarding your employment.

Your health information will not be sold, exchanged, transferred, or otherwise disclosed except to the extent permitted by law to carry out specific activities related to the wellness program, and you will not be asked or required to waive the confidentiality of your health information as a condition of participating in the wellness program or receiving an incentive. Anyone who receives your information for purposes of providing you services as part of the wellness program will abide by the same confidentiality requirements. The only individual(s) who will receive your personally identifiable health information are the Wellworks For You team in order to provide you with services under the wellness program.

In addition, all medical information obtained through the wellness program will be maintained separate from your personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

You may not be discriminated against in employment because of the medical information you provide as part of participating in the wellness program, nor may you be subjected to retaliation if you choose not to participate.

If you have questions or concerns regarding this notice, or about protections against discrimination and retaliation, please contact Wellworks For You at 800-425-4657.

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OCTOBER 2026

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

QUESTIONS ABOUT YOUR WELLNESS PROGRAM?



CONTACT YOUR WELLNESS TEAM

All questions should be directed to your Wellness Team via the Wellworks For You Portal.



CONTACT US

Simply select Support from the Portal homepage or Wellworks For You Mobile App. You can also call Wellworks For You at 800.425.4657.

HRConnect does not have information about wellness activities; however, they are available at hrconnect@taylor.com or **1.877.252.9861**.